



Beating the Bounds Truro Charity Walk Route

A major fundraising event with Cornwall Disabled Association, The Rotary Club of Truro and Truro City Council.
A fifteen mile walk, divided into sections for the faint hearted!

Other charities are welcome to join us to raise their own funds ...see sponsorship form on www.freedomonwheels.org.uk or enquire at info@truro.gov.uk

Commences with registration at 9.30am Truro Municipal Buildings.

Walkers then go along the side of the river to Sunny Corner and up over Park Farm.
Turn left and head towards Truro Rugby Club, for a mini break.

Then walkers head over to Penair School and follow down the path at the side of the building towards Newquay Road.
Crossing the main road here, walkers then head towards Buckshead then down Treffry Road and out by Archbishop Benson School. The route then goes along Daubuz Moor to Polquick and back with a lunch break in town at the Boys Club St Austell St

Picnic lunch break. New walkers may join us here and this is an ideal drop out point.

After lunch the walk continues up by the viaduct car park and up the back of Rosedale estate and through the houses coming out at Bishops Close and into Idless Road. The route then goes out towards Idless a short way before going left along the lane and up the Forty Steps to Kenwyn Churchyard. Coming out at the front of Kenwyn church (comfort stop!) walkers will continue up right to the war memorial and cross the road towards Newmills. Taking the road to Newmills Ford then up towards Treliske Lane and Truro Prep school. Turning right into the Prep School lane and past the sports hall (comfort stop!) walkers follow up the other school lane and out on to the main road at Tresawls. Going over the road and cutting below the houses finds the route going along the back of Dudman Farm, eventually meeting the boundaries of Kea and Kenwyn. Following along the road under the railway and round, the route meets the entrance up on to the old railway line at Penweathers, (behind County Hall) with the final stretch along towards Old Falmouth Road, along to Newham and back to Truro via the old railway line. Walkers can be picked up at car park at Gas Hill.

All walkers are advised to wear suitable clothing for the day and prepare for sun and rain. Suncream, hats, rainmac, water and comfortable footwear being the most important items. Please try to bring a mobile phone!

Walkers are **not required** to do the whole walk but are advised to join/drop off at given points.
Municipal Building 9.30am, Truro Rugby Club 11.00pm, The Boys Club 12.30pm, Kenwyn Church 1.30pm, Truro Prep School 2.30pm. (please arrive promptly and preferably advise in advance as walkers are using both school entrances!)
Please let an organiser know if you need assistance en-route or wish to drop out.

Grateful thanks go to the: Truro City Council and The Mayor of Truro, Cllr. Ron Cooke, The Rotary Club of Truro, Mr Parker of Park Farm, Truro Rugby Club, Truro Boys Club, Kenwyn Parish Church, Truro Prep School and Truro Golf Club for offering

ALL TIMES APPROX

Distance to next stage	Register Truro Municipal Buildings 9.30am	Check In/Out Points En route
Stage 1 1.5 miles	Truro Municipal Buildings to Sunny Corner Bounds beaten at Sunny Corner (10.30am)	Truro Rugby Club
Stage 2 2 miles	Sunny Corner to Penair School. Rest stop at Truro Rugby Club Bounds beaten at Penair School (11.30am)	
Stage 3 2 miles	Penair School to Moresk Rd, Daubuz Moor via Newquay Rd Bounds beaten at Buckshead (12 noon)	
Stage 4 1 mile	Moresk Rd, Daubuz Moor to Polquick and return Bounds beaten at Polquick (12.30pm)	Truro Boys Club (Bernard Sunley)
Lunchtime 12.45/1.15pm	Truro Boys Club, St Austell Street Join in/drop-off mid station	
Stage 5 1.5 miles	Boys Club to Kenwyn Church via path below Rosedale, Idless Rd, 40 steps Bounds beaten at Forty Steps (below Kenwyn Churchyard) (1.45pm)	Kenwyn Church
Stage 6 1.5 miles	Kenwyn Church to Treliske School via Kenwyn War Memorial/Newmills Bounds beaten at Newmills Ford (2.15pm)	
Stage 7 2 miles	Treliske School to Old Railway Track adjacent County Hall Bounds beaten either Tresawls (3.00pm) or Penweathers (3.30pm)	Gas Hill Truro (Mayors Address 4.45approx)
Stage 8 3 miles	Old Railway track adjacent to County Hall back to Truro via Old Falmouth Rd/Newham finishing at Gas Hills Bounds beaten at Old Falmouth Rd (4.00pm)	